



# AD/HD



Attention disorders such as ADD and AD/HD are among the most misunderstood issues with brain function. AD/HD is not a “disease”, although it is considered a learning disability. There are different types of AD/HD that require different treatment approaches. Only some of these types are helped by stimulant medications such as Ritalin, Cymbalta, and others. These stimulants are highly addictive and metabolize quickly, lasting only for 6 to 12 hours, and have been shown to stunt normal growth and development in many children.

The one thing all types of AD/HD have in common is that they are characterized by underactivation of the brain, especially in the low frequencies and in frontal areas of the cortex (the so-called “executive” centers). ABF can help those who have difficulties sustaining attention and focus; as well as train their brain to increase its normal activation state. After treatment, sustaining attention becomes possible, AD/HD goes away permanently and there are no side effects like those in stimulant medication therapy.

Making an appointment for a full evaluation of AD/HD is the first step to overcoming this impediment to learning and social interactions for you or a family member. ABF has many clients who have become free of both the need for AD/HD medications and the symptoms – why shouldn’t you be the very next?

**CALL TOLL-FREE TODAY!**  
**(877) 332-4698**

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